

# Neuropsychological assessment

A neuropsychological assessment confirms or rules out brain injury. This assessment is arranged when an injury that affects brain function is identified.

**The assessment is a meeting between you and a psychologist who specializes in neuropsychological testing;** an assistant may help conduct the testing.

During this meeting, you will be asked questions about your family background, education, employment history and health history. You should also be prepared to discuss how your injury/illness occurred and any problems you have experienced as a result of your injury/illness.

The testing part of the assessment involves questions that will examine intelligence, problem solving skills, attention, concentration and assess your psychological functioning (e.g. your mood and personality). The assessment also involves a number of tasks to assess coordination, memory, speech, hearing and academic skills. Following the assessment, treatment recommendations are made.

**This information helps complete an accurate assessment and ensures you are receiving the right treatment.** The assessment is scheduled over a one to three day period. The psychologist can discuss your results and recommendations at a later date by request– it takes about an hour.

## We want you to be prepared for your assessment.

**Sleep** - ensure you are well rested before your appointment so your results are not affected by fatigue.

**Glasses** - if you wear glasses or contact lenses, please bring them.

**Hearing aids** – if you use them, please ensure you wear them.

**Medication** - take your medication as prescribed by your physician involved in your care. Please bring your medication with you so the psychological can see the type and dosage.

**School records** - bring school records with you. They are available from your local school board or the institution you last attended. If you have completed an earlier intelligence test or employment test prior to your injury/illness, please try to locate the results.

**Alcohol** – please do not consume for at least a week prior to assessment.

*If you have questions about your neuropsychological assessment, please contact your case manager.*

