

### Expense Disclosure Reporting Form

Name: **Ron Helmhold, Chief Financial Officer**

For the Period: **Mar-15**

#### Travel, Seminars/Conference and Associated Expenditures

Date of expense	Destination	Purpose	Airfare	Other Transportation	Accommodation	Meals (includes per diem allowances)	Seminar / Conference / Registration fees	Total
1	2-Mar-15	Toronto, ON	AWCBC meeting				\$275.00	\$1,004.91
2	11-Mar-15	Balzac, AB	Industry Task Force (ITF) meeting					\$265.58
3								\$0.00
4								\$0.00
5								\$0.00
6								\$0.00
7								\$0.00
8								\$0.00
9								\$0.00
10								\$0.00
							<b>Travel Related</b>	<b>\$1,270.49</b>

Notes

#### Non-travel related Expenditures (Business meals, etc...)

Dates	Purpose	Total
1	15-Jan-15 Business Lunch with external representative	\$49.56
2	6-Feb-15 ICD Breakfast seminar - Leadership Transition	\$65.00
3		\$0.00
4		\$0.00
5		\$0.00
6		\$0.00
7		\$0.00
8		\$0.00
9		\$0.00
10		\$0.00
		<b>Non-Travel Related</b>
		<b>\$114.56</b>

Notes

**Total claimed for reporting period: \$1,385.05**

**Mileage & Per Diem Allowances**

Employee Name	Expense Type	Submitted Date	Trip Info	Trip Start Date	Trip End Date	Expense Trans Date	Detail Description	Total Amount (Includes GST/HST)	Summary Item Reference
Ron Helmhold	Mileage	3/20/2015	Industry Task Force meeting to/from Edmonton to Balzac, AB	3/11/2015	3/11/2015	3/11/2015	Industry Task Force meeting to/from Edmonton to Balzac, AB	\$265.58	



WestJet  
22 Aerial Place N.E.  
Calgary, Alberta,  
Canada  
Tel: 1-888-9378538

Thank you for choosing WestJet. Please read these important details carefully regarding your purchase and itinerary.

Please keep this information for your records as WestJet cannot provide this information to you later than seven days after the completion of your last flight.

This is an automated message system. Please do not respond. If you have any concerns about this message or if you have received this message in error, please contact WestJet at 1-888-9378538 (1-888-WESTJET).

## Booking Confirmation

Your reservation code is

Main contact: **Mr Ronald Jack Helmhold**

E-mail:

Phone Number

For more information on flying with WestJet, including baggage fees, please visit [Travel Info](#)

Please ensure that if your travel plans include a flight on a WestJet Encore turboprop aircraft that you review the [following details](#) as there are some differences in allowances and amenities from flights on our larger WestJet Boeing 737 aircraft.

If you are flying to Dublin, there are also some [specific regulations](#) you should be aware of before you leave.

## Guest

Mr. Ronald Jack Helmhold      Flight      Edmonton (YEG)-Toronto (YYZ), Toronto (YYZ)-Edmonton (YEG)  
WestJet FF  
Ticket Number  
Seat

## Air Itinerary Details

WS438  
WestJet

Fare type: Econo  
Non-stop

WS439  
WestJet

Fare type: Flex  
Non-stop

## Fare breakdown

Guest type	Base fare per guest	Air transportation charges per guest	Taxes, fees and charges per guest	Total fare per guest	Number of guests	Total fare
adult	CAD 538.00	CAD 46.00	CAD 103.91	CAD 687.91	x 1	CAD 687.91
						<b>Total airfare: CAD 687.91</b>

## Tax details

Rate code	Description	Amount
XG	Goods and Services Tax (GST)	CAD 31.41
RC	Harmonized Sales Tax (HST)	CAD 3.25
CA	Air Travellers Security Charge (ATSC)	CAD 14.25

SQ

Airport Improvement Fee (AIF)

CAD 55.00 = 2.62

Total taxes: CAD 103.91

## Fare family benefits

---

### YEG-YYZ: Econo Seat Sale Benefits

---

- First checked bag fee of \$25-29.50 CAD for flights within Canada or to/from the U.S.<sup>1</sup>
- Second checked bag fee of \$25-29.50 CAD and excess checked baggage fee of \$75-88.50 CAD per eligible piece<sup>1</sup>

<sup>1</sup> Not applicable on flights operated by our airline partners

## Fare family benefits

---

### YYZ-YEG: Flex Seat Sale Benefits

---

- No fee for first checked bag<sup>1</sup>
- Second checked bag fee of \$25-29.50 CAD and excess checked baggage fee of \$75-88.50 CAD per eligible piece<sup>1</sup>
- Lower change and cancellation fees

<sup>1</sup> Not applicable on flights operated by our airline partners

## Seats

Regular seat	Ronald Helmhold	CAD 20.00 + CAD 1.00 Tax
Regular seat	Ronald Helmhold	CAD 20.00 + CAD 1.00 Tax
		<b>Total Seats: CAD 42.00</b>

## Total

CAD 687.91

CAD 42.00

## Total

CAD 729.91

## WestJet offers

### Get travel insurance

Don't forget to include travel insurance as part of your trip. WestJet has partnered with RBC Insurance® to provide you with the right coverage for your travel experience. [Get a quote](#)

## Important Information

Thank you for choosing WestJet

QST # 1202807956TQ0001 GST # 866112535

- Terms and conditions of carriage, baggage allowances, baggage fees and service fees may differ significantly if you are travelling on one of our [airlines partners](#) ; it is important to familiarize yourself with the terms and



**INVOICE #ACM-2015-18**

**Contact Information**

First Name:	Ron
Last Name:	Helmhold
Designation:	CFO
Email Address:	
CC Email Address:	
Work Phone:	

**Event Information**

Code:	YGNGWND9Y77
Title:	AWCBC Annual 2015 All Committees Meeting
Date:	05/27/2015
Time:	8:30 AM

Product Name	Product Code	Product Type
Committee Member	Executive Sponsor & Committee	Admission Item
Day 1 Comparable Financial Data (CFO) Committee		Session
Day 2 Comparable Financial Data (CFO) Committee		Session

**Invitee Information**

Registration Type:	Committee Member
--------------------	------------------

**Order Summaries**

Date	Type	Amt Ordered	Amt Paid	Amt Due
19/02/15	Cheque	\$275.00	\$0.00	\$275.00
	<b>Total</b>	<b>\$275.00</b>	<b>\$0.00</b>	<b>\$275.00</b>
<b>Total amount due:</b>				<b>\$275.00</b>

**\*\*Due upon receipt**

Make Cheque payable to the AWCBC:

Association of Workers' Compensation Boards of Canada  
 40 University Ave., Suite 1007  
 Toronto, ON  
 M5J 1T1

WCB Business Lunch with external representative

January 15, 2015

SELECT  
10018 106 ST NW  
EDMONTON AB

DATE 2015/01/15  
TIME 5184 12:53:04  
RECEIPT NUMBER

PURCHASE  
AMOUNT \$42.00  
TIP \$7.56  
TOTAL

\$49.56

SELECT

THU JANUARY 15, 2015  
CHECK #125596-1  
TABLE #14

2 SOFT DRINK	\$6.00
1 Lunch Special	\$16.00
1 GREENS LAKO	\$11.00
1 SALAD SALMON	\$7.00
SUB-TOTAL	\$40.00
GST	\$2.00
<b>TOTAL</b>	<b>\$42.00</b>

JOIN US EVERY TUESDAY  
EVENING FOR HALF PRICE  
BOTTLES OF HOUSE WINE!!!  
GST# 84856-9901 RT0001  
Time: 12:49 2 CUSTOMERS

APPROVED

AUTH# 01-027  
THANK YOU

CARDHOLDER COPY

IMPORTANT - RETAIN THIS  
COPY FOR YOUR RECORDS



Order Confirmation  
 admin  
 to:  
 ron.helmhold, orders  
 01/21/2015 03:10 PM

*Institute of Corporate Directors  
 Breakfast Seminar - Leadership Transition  
 Feb 6, 2015*

**Institute of Corporate Directors**

2701-250 Yonge Street, Toronto, ON M5B 2L7

**Order Number** 63946

**Order Date** 1/21/2015

**Order Total** 65.00

**Name on Card** Ronald Helmhold

Qty	Item	Price	Total
1	Leadership Transition - A New Strategic Competency - Mr Ronald Helmhold, CA, ICD.D When: 2/6/2015 - 2/6/2015 Where: Glenrose Room The Royal Glenora Club 11160 River Valley Road Northwest Edmonton, AB	65.00	65.00
	<b>Item Total</b>		65.00
	<b>Shipping</b>		0.00
	<b>Handling</b>		0.00
	<b>Transaction Grand Total</b>		65.00

GST# 12179 8201

QST# 12048 55478