

1

Tell your employer details of your injury.

After receiving notice, your employer is required by law to report the injury within 72 hours if:

- You need treatment beyond first aid, or
- You missed time from work or adjusted your job beyond the day of accident.

2

Tell your physiotherapist, doctor or chiropractor you were injured at work.

- They are required by law to report the injury to WCB within 48 hours.
- Let your doctor know WCB can help them expedite testing and consultations for you, if needed.

Hurt at work?

Get the immediate first aid you need, then follow these steps.

3

Tell WCB – it's your right.

Report in the myWCB worker mobile app. Available in the App Store and Google Play.

You can also report online at wcb.ab.ca.

Report early

The sooner WCB gets your information, the faster they can help you get better.

Remember

Modified work is a safe way to resume your job. Talk to your doctor and employer to find things you can do at work while recovering.



Need more information?

Call toll free 1-866-922-9221 or visit our website at www.wcb.ab.ca



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Note: Employers are required under the Workers' Compensation Act, Section 145, to hang this poster in a place where employees can see it.