

# Helping you get back to work



Getting ready to return to work and the things you love is a real milestone, and we recognize the commitment it takes to continue to move forward in your recovery.

Our priority is to work with you and your employer to support your return to your original job. If that's not possible, we'll partner with you and your case manager to build a personalized plan that prepares you for employment with a new employer.

## The Millard Health journey

### Assessment

Assessment services help you determine treatment options and work capabilities for optimal healing.



### Treatment

Your unique treatment plan is tailored to your specific injury, recovery and return-to-work needs.



### Modified work

Modified work is an important step in your recovery. Aligning your capabilities, with adjusted duties, hours or both helps you return to work safely.



### Return to work

Whenever possible, our shared goal is for you to return to the work you did before you were injured.

You are here



### Re-employment services

If your work capabilities have changed, we'll help you identify and find new work opportunities.

## We're ready

Our re-employment services team is committed to helping you access resources, build your job search skills and succeed in finding meaningful employment.

## Triage assessment

During your triage assessment, we take time to understand your current situation and goals. We'll discuss your needs, transferable skills, work history and interests. This helps confirm the right path forward and how our services, including supported job search, can support your return-to-work goals.

Supported job search is a core part of your re-employment journey. Your re-employment specialist helps build confidence, strengthen job-search skills and connect you with suitable opportunities, and may recommend short training to boost employability. Together, we develop a clear plan for success.



### The services below outline the support that may be included:

- job search support and connections to the job market
- resume development and interview coaching
- support identifying jobs that match your skills and experience
- online modules to strengthen job search skills
- support identifying skill building courses (such as computer or customer service skills) to enhance your employability
- ergonomic reviews to help remove physical barriers to work

If you have questions about your eligible services, please reach out to your case manager.

## Facility location, parking and website

Millard Health is located at 131 Airport Road in Edmonton.

Free parking is available at the front and along the northeast side of the building.

For more information, visit [millardhealth.com](https://millardhealth.com).

## How we work together

We're committed to treating all clients with dignity and respect—and we expect the same in return.

Visit our [Client & Staff Collaboration page](#) to learn more, including our [Code of Rights and Conduct](#) and [Client Code of Conduct](#).

## Contact us

If you're sick or unable to attend your appointment, please contact your claim owner and [Millard Health](#) as soon as possible.

If you have questions about your WCB-Alberta claim, please contact your claim owner who makes decisions on your claim.