

Traumatic Psychological Injury

Traumatic Psychological Injury is any psychological or psychiatric disability resulting from work-related incidents including those where threatened death, actual or threatened serious injury or a threat to one's physical integrity has occurred. Examples of such incidents include:

- serious motor vehicle collisions
- falls from great heights
- explosions
- robberies, shootings etc.

Treatment

WCB-Alberta has developed a care model to deal specifically with reactions to such incidents. WCB-Alberta's Traumatic Psychological Injury (TPI) Care Model was created to help you make a full recovery, as quickly as possible. While receiving these services, you will continue to see your treating physician, but if you require extra help you may also be referred for additional services to meet your needs.

WCB-Alberta's care model

If you have taken time off from work or are at risk of having to miss work as a result of a Traumatic Psychological Injury, you will be referred for an initial assessment. This session will last between one and a half to two hours and involve an interview and the completion of some checklists. The outcome of the session may be recommendations for further treatment or assessment, and/or your return to work. For example, a gradual return to modified work may be recommended, along with some counselling to assist you in the process. Further assessments may be required depending on the progress of your recovery.

Advantages:

Education - You and your family will be given important information about common responses to trauma and different ways to cope with them.

Personal attention - Based upon the results of your assessment, services will be tailored to meet your needs.

Faster Recovery - With early intervention and access to a team of specialists to help you, a quicker return to regular activities and work is expected.

People involved in the process:

- Injured workers who have experienced a psychologically traumatic event at work
- Family members
- Your treating physician
- Your WCB-Alberta case manager or adjudicator
- Authorized health care providers