

<b>Title:</b>	<b>Further Defining the Role for Capsular Plication in Shoulder Instability Surgery</b>
<b>Issue/Rationale:</b>	The primary research question in this work is "what is the effect of supplemental capsular plication in conjunction with a bankart repair on the WOSI score of patients one to two years following surgery?"
<b>Objectives:</b>	The primary objective of this study is to determine if there is a difference in Western Ontario Shoulder Instability Index (WOSI) quality of life outcome scores one to two years following surgery between patients who had a bankart repair supplemented with capsular plication versus those that had a bankart repair alone.
<b>Anticipated Results/Impact:</b>	We speculate that those patients who were stiff pre-operatively (where stiff is defined as >10° difference between arms) and who underwent a Bankart repair supplemented by capsular plication will have worse post-operative outcomes (i.e. lower quality of life scores and reduced ER-ROM) than those patients who underwent only a bankart repair. We do not anticipate any difference in recurrent dislocation rates between patients based upon performance (or not) of capsular plication in this situation.
<b>Keywords:</b>	Shoulder, capsular plication, shoulder instability
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<b>Funding Agency:</b>	Workers' Compensation Board, Alberta